

# Resurrection Lutheran School

## COVID-19 Prevention, Illness, and Outbreak Plan

### Prevention (Before any illnesses are reported):

- People with the following signs and symptoms may have COVID-19
  - Cough
  - Shortness of breath

*Or at least **two** of these symptoms*

  - Fever
  - Chills
  - Repeated shaking with chills
  - Muscle pain
  - Headache
  - Sore throat
  - New loss of taste or smell
- All staff and Resurrection Lutheran School families are responsible to protect their personal health. If your child or a member of your household has any signs or symptoms of suspected COVID-19, **DO NOT** send your child to Resurrection Lutheran School. Notify the Director of RLS and your child's teacher immediately if COVID-19 illness is suspected.  
**\*\*Visit the Center for Disease Control and Prevention: Prevent the Spread of COVID-19 if you are sick.**  
<https://www.cdc.gov/coronavirus/2019-ncov/downloads/sick-with-2019-nCoV-fact-sheet.pdf>
- Each person entering Resurrection Lutheran Preschool will complete an electronic COVID-19 questionnaire prior to entering the building.
- Each person entering Resurrection Lutheran Preschool will have their temperature taken (**must be below 100.4**) via a contactless thermometer prior to entering the building. The responsible employee will wear gloves and a face covering during the screening process.
- All temperatures and COVID-19 questionnaire responses will be recorded daily.  
**\*\*\*DO NOT TAKE FEVER REDUCERS IN ORDER TO ENTER THE BUILDING. DOING SO WILL RESULT IN IMMEDIATE REMOVAL FROM THE RESURRECTION LUTHERAN SCHOOL PROGRAM.**
- Drop-off procedure:
  - Parent/Guardian will enter the drop-off line via the ramp side
  - Parent/Guardian will remain 6 ft apart as marked by tape on the ramp floor
  - A staff member (wearing gloves and a face covering) at the preschool door, will review the results of the COVID-19 questionnaire and take the child's temperature via a contactless thermometer.
  - All temperatures and COVID-19 questionnaire responses will be recorded daily.
  - If the child's temperature is below 100.4 and if all COVID-19 questionnaire responses are NO, the child will sanitize their hands
  - The child will then enter the building where they will be met by their teacher
  - The teacher will then hang up the child's backpack and/or coat on their assigned hook.

- The child's hands will be sanitized as they enter the classroom.
- Parent/Guardian will exit the drop-off line via the stairs
- Pick-up procedure:
  - Parent/Guardian will enter the pick-up line via the ramp side
  - Parent/Guardian will remain 6 ft apart as marked by tape on the ramp floor
  - A staff member will check parent/guardian ID and ensure that the person is approved for pick-up.
  - A teacher will bring the student to the door for dismissal
  - Parent/Guardian and child will exit via the stairs
- **NO** parent/guardian is permitted into Resurrection Lutheran School at this time. If a child needs to be picked up early due to illness/appointment/vacation/etc... please notify the child's teacher as soon as possible. A staff member will bring the child outside after the parent/guardian's ID has been verified.
- While face coverings are **recommended** for children over 2 years old, when medically and developmentally appropriate, face coverings are **not required** for children to attend the preschool per Executive Order 63.
- All teachers and adults entering Resurrection Lutheran School will wear a face covering. Teachers will wear a clear face covering to allow for viewing of facial expressions and easier instruction in the formation of letters and letter sounds.
- Teachers will monitor for signs and symptoms of COVID-19 throughout the day. If any person exhibits any signs or symptoms of COVID-19 they will be separated from all other children and staff. Children with a fever at or above 100.4 or who exhibit any signs and symptoms of COVID-19 must be picked up immediately by a parent or approved guardian. Staff with a fever at or above 100.4 or who exhibit any signs or symptoms of COVID-19 will leave the building immediately.
- Children will have **no** contact between groups and will remain separate in school, outside, and on the playground.
- Hands will be sanitized upon entering the building and the classroom. Hands will be sanitized after all stations and activities. Hands will be washed with soap and water before snack.
- Multiple bathroom breaks will be incorporated throughout the day for handwashing with soap and water.
- Sanitizer, tissues, and lined garbage cans will be located throughout the room.
- Children will be encouraged to practice physical distancing and avoid touching their eyes, nose, and mouth.
- Children will have an assigned seat in the classroom for the school year. Each child will have their own pencil box with their own crayons, scissors, glue, and play-doh.
- Outside activities, lessons, and weekly Chapel with Pastor will be incorporated into the school day as much as possible as weather allows. Children will use their own towel to sit on and physically distance when outside.
- Daily disinfecting of all hard surfaces - large toys (ex: kitchen, workbench, etc...), tabletops, chairs, light switches, doorknobs, etc...

- Daily sanitizing of all small toys after each class - toys placed in mesh laundry bags, at the end of the day bags will be soaked in bins of hot soapy water marked “soiled toys.” Bags will be hung to dry for later use.
- Toys that cannot be easily sanitized and cleaned will not be used (ex: stuffed animals and other “soft surface” toys)

**Illness (after an illness is reported):**

- The Rappahannock Area Health Department will be notified regarding any concerns of COVID-19 illness at Resurrection Lutheran School. The Rappahannock Area Health Department may contact families in the class/school that they have identified as having medium to high risk exposure regarding testing and/or quarantine procedures.
- The Center for Disease Control and Prevention, the Virginia Department of Health, and the Rappahannock Area Health Department requires that any person exhibiting signs and symptoms of COVID-19 **must stay home for a minimum of 10 days and until at least 3 days after symptoms have resolved.**
- The Center for Disease Control and Prevention, the Virginia Department of Health, and the Rappahannock Area Health Department requires that if a family member is suspected or confirmed to have COVID-19, all household members **must stay home for a minimum of 14 days past the last exposure to the COVID-19 positive person.**
- Resurrection Lutheran School **REQUIRES** a letter from the Rappahannock Area Health Department and/or a physician stating that the child/family is illness free and safe to return to school.
- If a student in a classroom is suspected or confirmed to have COVID-19 a letter will go home with every child in the school informing them of:
  - Whether or not the the child was in their class or another class
  - Signs and symptoms of COVID-19
  - The number for the Rappahannock Area Health Department (540)899-4797.
  - Where to seek testing in the area
- If a student or a staff member in the class is confirmed to have COVID-19, the classroom may be temporarily closed for 14 days. This will be determined on a case by case basis after consultation with the Rappahannock Area Health Department.

**Outbreak (after multiple illnesses are reported):**

- The Rappahannock Area Health Department will be notified regarding any concerns of a COVID-19 illness outbreak at Resurrection Lutheran School. The Rappahannock Area Health Department may contact families in the class/school that they have identified as having medium to high risk exposure regarding testing and/or quarantine procedures.
- If multiple cases of COVID-19 are reported in multiple classrooms/groups at the preschool, the entire preschool will shut down for 14 days.

\*\*The knowledge and recommendations regarding COVID-19 guidelines and policies is an extremely fluid situation and subject to change at any time. Resurrection Lutheran School will adjust, as needed, any guidelines and/or policies as directed by the Governor of Virginia, the Department of Social Services, the Virginia Department of Health, the Rappahannock Area Health Department, the Center for Disease Control and Prevention, the Resurrection Lutheran Church Council, and/or the Bishop of the Evangelical Lutheran Church in America (ELCA).

## **COVID-19 Resources:**

- The Center for Disease Control and Prevention
  - <https://www.cdc.gov/coronavirus/2019-ncov/index.html>
  - <https://www.cdc.gov/coronavirus/2019-ncov/downloads/sick-with-2019-nCoV-fact-sheet.pdf>
  
- The Virginia Department of Health
  - <https://www.vdh.virginia.gov/coronavirus/>
  
- The Rappahannock Area Health Department
  - <https://www.vdh.virginia.gov/rappahannock/>
  
- The Department of Social Services
  - <https://www.dss.virginia.gov/geninfo/covid.cgi>